#### There are currently six Family Hubs located at:

**Birtley Harras Bank Family Hub** Harras Bank, Birtley,

Gateshead DH3 2LN

**Blaydon Winlaton Family Hub** Shibdon Bank, Blaydon,

Gateshead NE21 5EZ

**Deckham Family Hub** 

Elgin Centre, Elgin Road, Gateshead NE9 5PA

**Chowdene Family Hub** 

Waverley Road, Chowdene, Gateshead NE9 7TU

**Felling Family Hub** 

High Street, Felling, Gateshead NE10 9LT

**Teams Family Hub** 

Rose Street, Teams, Gateshead NE8 2LS

More support is available in Chopwell, Leam Lane, Wrekenton and community locations right across the borough.

#### For more information:

**Tel** (0191) 433 6310

**Email** familyhubs@gateshead.gov.uk

Website www.gateshead.gov.uk/familyhubs

















# Gateshead's Family Hubs provide a welcoming space for families and the wider community.

Our Family Hubs support families from conception to the age of two to give all children the best start in life. We continue to support families of children up the age of 19 and to age 25 for young people who have specia

of 19 and to age 25 for young people who have special educational needs and disabilities (SEND). Our hubs are also open to other members of the community who may need more help.

## Centre groups

- Infant Massage
- Baby Time
- Toddler Time
- Active Totz

- Men Behaving Dadly
- First Words Together
- Early Words Together
- Holiday Activities
- Sensory Kidz

Gateshead

**FAMILY** 

**H<b>WBS** 

- Bright Futures
- Trike Time
- Creative Time



### **Activities & Services**

- Bloom Baby Classes
- Fagan Irish Dancing
- Kalma Life
- Hartbeeps
- Little Movers
- 1st Sensations
- LullaBaby
- Diddi Dance
- Sweaty Mama
- Nature Makers
- Mini First Aid
- Sylvia Dobson School of Dance
- Little Ballers
- Active Through Football'
- Ju-Jitsu
- Adult Learning
- Library Activities
- Childcare

Autism Hub & Parent Support Group

• Andy's Man Club

Hat-trick

• Kinship Carers in Touch

Portage Groups

Sensory Rooms

Toy Library





Please visit Gateshead Family Hubs website and Facebook page or contact us for more information.



- Infant Feeding Friends
- Health & Wellbeing Clinics
- Introducing Solid Food Sessions
- Henry Healthy Start, Bright Future



- Antenatal and Postnatal Care
- Infant Feeding
- Parentcraft
- Pregnancy Smoking Cessation