

## **Dryden School PE Rolling Programme**

	Year 1	Year 2	Year 3	Year 4	Year 5
Autumn	Gymnastics—Contrasting Actions/ Body Shape Net/WallGames—Short/Table Tennis Polybat Swimming Potential External Coaching/Events Girls Football Football skills Rugby	Gymnastics—Balance/ Transferring Weight  Net/WallGames—Short/Table Tennis Polybat  Swimming  Potential External Coaching/ Events  Girls Football  Football skills  Rugby	Gymnastics—Travelling/Linking Actions Net/WallGames—Short/Table Tennis Polybat Swimming Potential External Coaching/Events Girls Football Football skills Rugby	Gymnastics—Symmetry/ Assymmetry Net/WallGames—Short/Table Tennis Polybat Swimming Potential External Coaching/Events Girls Football Football skills Rugby	Gymnastics—Bridging/Sliding Net/WallGames—Short/Table Tennis Polybat Swimming Potential External Coaching/ Events Girls Football Football skills Rugby
Spring	Dance Festival Invasion Games—New Age Curling/ Boccia Swimming Netball Potential External Coaching/Events Girls Football Karate	Dance Festival Invasion Games—New Age Curling/Boccia Swimming Basketball Potential External Coaching/ Events Girls Football Karate	Dance Festival Invasion Games—New Age Curling/Boccia Swimming Rugby Potential External Coaching/Events Girls Football Karate	Dance Festival Invasion Games—New Age Curling/Boccia Swimming Football Potential External Coaching/Events Girls Football Karate	Week 1&2Cricket Week 3&4Football Week 5&6Tennis Week 7&8Basketball Week 9&10Handball Week 11&12Rugby
Summer	Striking and Fielding Games—Kwick/ Table Cricket and Rounders Athletics Swimming Potential External Coaching/Events Girls Football Cricket	Striking and Fielding Games— Kwick/Table Cricket and Rounders Athletics Swimming Potential External Coaching/ Events Girls Football Cricket	Striking and Fielding Games— Kwick/Table Cricket and Rounders Athletics Swimming Potential External Coaching/Events Girls Football Cricket	Striking and Fielding Games— Kwick/Table Cricket and Rounders Athletics Swimming Potential External Coaching/Events Girls Football Cricket	Striking and Fielding Games— Kwick/Table Cricket and Rounders Athletics Swimming Potential External Coaching/ Events Girls Football Cricket