



Money

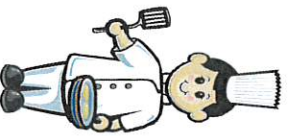
Give regular pocket money.

Encourage them to save small amounts each week eg towards Christmas presents / summer holiday spends

Encourage them to handle their money - sort, name coins and notes and count.

Let them experience paying for things when they are out eg magazines, bus fares, drinks etc.

Let them take responsibility for remembering their purse/wallet and carrying it safely.



In the kitchen

Helping to plan a meal - what foods go together.

Making own tea eg sandwich / toast etc.

Food preparation for meals eg Opening packets and tins, Using a vegetable peeler, Chopping things nb build up to sharp knives, eg slice banana with a dessert knife,

Putting shopping away - where do things go? Freezer, fridge and cupboards.

Using a microwave - setting the timer

Cleaning/Housework

Washing up! Using hot water, correct quantity of washing up liquid, drying dishes.

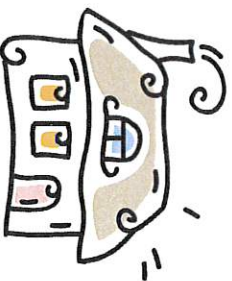
Dusting. Vacuuming.

Setting the table, clearing dishes away.

D.I.Y

Helping to decorate / jobs around the house

Washing the car



Life Skills

What can you do at home?

Shopping

Recognising shop logos and what different shops sell.

Knowing where to pay.

Waiting in a queue and moving along in a queue without losing their place.

Recognising staff by their uniforms.

Finding items in a supermarket

Using a shopping list in a supermarket.

Reading prices. Using a self-scan till

Packing bags - heavy items in first



Clothes

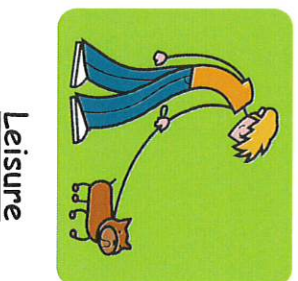
Choosing what clothes to wear / things that go together.

Knowing their own size, helping to look for the right size when they are out shopping.

Putting their clothes in the wash

Sorting washing into dark colours and light

Loading and emptying machine



Leisure

Physical exercise -eg walking.

Learning left and right and giving directions to their home.

Using a leisure centre eg Gym, Swimming. Using a locker, packing and organising kit.

Gardening - keeping working for set periods, seeing a job finished even when tired and bored!

Games to promote number

Recognition eg bingo, darts!

Reading - Social Sight

Vocabulary

Recognising brand logos on food, clothes, shops etc.

TV magazines - what's on TV?

Food packaging eg ready meals - looking for key words/symbols

Reading social sight vocabulary/numbers in local community eg speed limit signs, menus,

